

Patient History Information

Patient Name: _____ Todays Date: _____

Date of Birth: _____ Age: _____ Marital Status: _____

Occupation: _____ Height: _____ Weight: _____

Dominant Hand: RIGHT LEFT

Please describe your problem: _____

Date of onset? _____ Is your problem due to an injury? YES NO

If injury, how did it happen? _____

DID IT HAPPEN ON THE JOB? YES NO DID YOU REPORT IT TO YOUR SUPERVISOR? YES NO

How did the pain start? _____

DESCRIBE YOUR SYMPTOMS: _____

Does the pain radiate? YES NO If so, where? _____

Do you experience paresthesias (numbness, tingling, pins and needles, burning) and if so, where? _____

Do you have weakness? YES NO If so, where? _____

Do you have any bladder or bowel issues? If so, please describe: _____

Please CIRCLE the number that best describes your pain on a scale of 1-10:

⇒ 1 2 3 4 5 6 7 8 9 10 1 = hardly any pain 10 = terrible pain

What activities make your pain worse?

EXERCISE
WALKING
COUGHING
REACHING UP

SITTING
BENDING FORWARD
SNEEZING
REACHING FORWARD

STANDING
BENDING BACKWARD
LIFTING
OTHER: _____

What activities make the pain better?

LYING DOWN
MANIPULATION
MEDICATION

SITTING
NOTHING
IF SO, WHAT KIND? _____

WALKING
OTHER: _____

What previous treatments have you tried? _____

Have you had previous surgery on your spine? _____

Are you claustrophobic (uncomfortable in enclosed areas)? YES NO

Do you have any retained metal (e.g., metal joints, pins, pacemaker) YES NO If yes,
WHERE _____

Do you smoke? YES NO
If yes, how long? _____ How many packs per day? _____

Do you use alcohol in any form? YES NO If yes, how long? _____ How much?

PLEASE ALSO COMPLETE THE OTHER SIDE OF FORM ►►

FAMILY PHYSICIAN _____

CARDIOLOGIST _____

Pharmacy _____

PLEASE LIST MAJOR MEDICAL ILLNESSES (e.g., High Blood Pressure, Heart Disease, diabetes, cancer, etc.).

Illness	Date Diagnosed

PLEASE LIST PREVIOUS OPERATIONS OR HOSPITALIZATIONS AND DATES,

Type of Operation or Hospitalization	Date

PLEASE LIST ALL MEDICATIONS AND DOSAGES TAKEN WITHIN THE LAST YEAR, INCLUDING NONPRESCRIPTION MEDICATIONS SUCH AS ASPIRIN AND VITAMINS.

Medication & Dosage	Frequency

LIST ALLERGIES TO MEDICATIONS: _____

Please list any **FAMILY HEALTH PROBLEMS**, such as cancer; heart, lung or kidney disease; stroke; hypertension; or allergies? _____

PERSONAL HEALTH HISTORY

(Please circle all that apply)

- General Constitutional Recent weight gain, Recent weight loss, Fever, Chills, Sweats
- Eyes Blurry vision, Double vision
- Ear, Nose, Mouth, Throat Hearing loss, Dizziness, Tooth or gum disease
- Cardiovascular Chest pain, Heart attack, Skipping heartbeat, High blood pressure, Shortness of breath, Heart murmur, Heart disease
- Respiratory Pneumonia, Chronic cough, Tuberculosis, Coughing up blood, Wheezing, Asthma
- Gastrointestinal Heartburn, Diarrhea, Black stools, Bloody stools, Ulcers, Yellow skin, Constipation
- Genitourinary Frequent urination, Difficulty urinating, Bloody urine
WOMEN: Excessive bleeding during periods, Bleeding between periods
Pregnancies
MEN: Difficulty starting urinary stream, Difficulty maintaining erections
- Musculoskeletal Muscle pain, Joint pain or swelling, Arthritis
- Skin Rashes, Ulcers, Infection
- Neurologic Numbness, Tingling, Weakness, Seizures, Loss of coordination
- Psychiatric Emotional problems, Anxiety, Depression, Mood swings
- Endocrine Diabetes, Thyroid or other glandular problems
- Hematological Anemia, Easy bruising, Easy bleeding

Date: _____ Patient Signature _____

Physician Initials - Reviewed _____